



DESIGN - DELIGHT - DINE j a n u a r y



Hello there, dear friend!

We want to extend our heartfelt gratitude for joining us on this journey. In our first newsletter, we'd like to share a bit about our story and why we've chosen Boerne and the surrounding Texas Hill Country communities as the place to build our custom home and renovation business.

For us, it's about more than just business; it's about embracing the unique values that make this corner of Texas so special. The breathtaking landscapes with their majestic oaks and meandering rivers will capture your heart. The rich history and cherished traditions feel like a comforting hug for the soul, which is why so many people are choosing to make Texas their forever home.

As a family-owned business, we instantly felt at home in a town that values connections as much as we do. The Texas Hill Country is a sight to behold, and we're dedicated to crafting homes that seamlessly blend with the natural surroundings, adding to the "small town" unique charm.

So, please make yourself comfortable and stay a while. We're just beginning this incredible journey, and we're absolutely thrilled to have you by our side as we explore this lovely corner of Texas we proudly call home.

Our core values revolve around faith and family. We hold honesty, integrity, and hard work close to our hearts, and these principles are what we aim to share with our clients, no matter the project's size. We want you to know how much you mean to us. That's why we've carefully chosen all our skilled builders, whether it's for flooring, roofing, cabinetry, concrete, or paint. Our mission extends beyond creating beautiful homes; it's about building connections with amazing people in our community. We're dedicated to fostering relationships with local businesses and professionals because, together, we can all thrive and contribute to building sustainable success. We're excited about the journey ahead, where we'll be building dream homes and lasting friendships in this beloved Hill Country towns.

In our monthly newsletters, I'll be sharing a delightful mix of topics that are close to my heart and meaningful for our homes and families. From inspiring home decor ideas to creative ways to spruce up your space with the changing seasons, we'll explore the art of making your home uniquely yours. I'll dive into renovation ideas and the latest trends in home selections to help you create a space you'll adore. However, it's not just about the physical aspects of home, we'll also delve into the joys of cooking at home, savoring those precious moments with family and nurturing our faith in God. It's a cozy corner where we celebrate the beauty of life and the comforts of home, and we're absolutely thrilled to have you join us.

God bless you and yours,

Ashtleigh H.





renovate

As the winter season blankets Texas in its cool embrace, you might be wondering if it's the right time to embark on that long-awaited home renovation project. While winter might not be the first season that comes to mind for home improvements, it actually offers several unique advantages, especially here in the Lone Star State. So, let's explore the benefits of renovating your home during the winter months in Texas.

WEATHER CONDITIONS

Texas winters are relatively mild compared to other parts of the country. You won't have to deal with extreme cold, heavy snowfall, or icy conditions. This means your construction and renovation work can proceed smoothly without weather-related delays.

AVOIDING THE SUMMER RUSH

Many homeowners prefer to tackle their renovation projects during the warmer months. By opting for winter, you can avoid the summer rush and secure the services of contractors and professionals more easily. It's a fantastic way to get the experts you want when you want them.

COST SAVINGS AND QUICK TURNAROUND

Some contractors may offer offseason discounts or promotions to keep their teams busy during the slower winter months. You can take advantage of these cost savings to stretch your renovation budget further. With fewer projects in the queue, contractors often have shorter lead times during the winter. This means your renovation can get started sooner, and you might even benefit from a quicker turnaround, allowing you to enjoy your upgraded home sooner.

FAMILY HOLIDAY GATHERINGS

While it's true that winter can bring family holiday gatherings, some homeowners prefer to avoid the chaos and disruption of construction during this time. Renovating in winter means you can complete the project before the holiday season, allowing you to fully enjoy those festive family get-togethers in your newly improved space.

ENERGY EFFICIENCY

Renovating during the winter allows you to take advantage of the cooler temperatures. For instance, if you're upgrading your HVAC system or insulation, you can test its efficiency under real winter conditions. This ensures your home is energy-efficient when the scorching Texas summer arrives.

PLANNING AND DESIGN

The winter months provide an excellent opportunity for planning and designing your renovation. You can work closely with architects, designers, and contractors to refine your vision, ensuring that every detail is just right before the actual construction begins.

MINIMAL LANDSCAPING IMPACT

Winter's dormant state means less impact on your landscaping during construction. Your garden and outdoor spaces are less likely to be disturbed compared to a renovation project undertaken in the lush, growing season.



grow 5 WAYS TO NURTURE YOUR WELLBEING

As we embrace the colder winter months, it's the perfect time to focus on nurturing our spiritual, emotional, and mental well-being.

- **Cozy Family Time:** Create warm family rituals like eating dinner around the table, weekly movie or game nights, sharing stories or catching up on one another's day to strengthen family bonds and spiritual roots.
- **Reading and Learning:** Dedicate time each day with God and spend time in His word. Make time for personal growth through spiritually enriching books or podcasts. Learning contributes to mental well-being.
- **Meditation and Mindfulness:** Try calming practices to reduce stress and enhance spiritual connection, whether you're a beginner or experienced. Worship is so effective in bringing your mind back to calm and refocusing on the purpose God has given you.
- **Nature Walks:** Despite the cold, spend time outdoors to uplift your spirits. Family walks can be a beautiful way to connect with nature.
- **Journaling:** Keep a journal for emotional and spiritual growth. Encourage family members to reflect on their thoughts and experiences.

This season can be a time of profound significance and closeness that you'll cherish for years to come. Settle in and make the most of each day.

local gems



Agape
Creative Co.

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BOERNE

Epicure

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Arrows

ACTIVITY PLAY CENTER

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support

Life can be challenging. As Christians it sometimes feels like we move from one rocky sea to the next. It's important to keep our minds properly focused on truth, to make time for regular prayer and surround ourselves with people who share similar values.

If you're faced with challenges or feeling hopeless, know that you are not alone. I would love to come along side you and pray for you. Please email me Ashleigh@BibleBuiltHomes.com or find me on Instagram at [BibleBuilt_HomeAndHearth](https://www.instagram.com/BibleBuilt_HomeAndHearth).

inspire

Worship and prayer are your greatest weapons.
REMEMBER, GOD'S LOVE FOR YOU IS GREAT!
It cannot be measured, and it will never fail.

Ashleigh H.

home + hearth
NEWSLETTER

JANUARY WORSHIP PLAYLIST
[CLICK HERE](#)



my heart

If you have small children, the dinner table is a place to nourish and when all have had their fill, their off to the tub to get cleaned up and the mess is left to clear, clean and repeat... I promise, this is a season. From experience, it passes all too quickly. If you are in this season or maybe you're just wanting to make some positive changes in your home that will bring your loved ones together, now is the perfect time to begin teaching your special people what a sit down meal looks like. You can start this tradition by introducing a weekly "grateful gathering". Buy special plates, glasses (even for the littles), napkins, candles, turn on a nice relaxing set list on Spotify, get dressed up... get ready for your kiddos eyes to light up in excitement. For my family, this is our Friday night tradition. Our children now range from ages 22 to 10 and everyone takes part in getting ready for this special time together, where by the end of the evening our tummies are full and laughter and joy have filled the room. This is where the memories are made. You won't regret these moments!

psalm 145:5-7

I WILL MEDITATE ON THE GLORIOUS SPLendor OF YOUR MAJESTY, AND ON YOUR WONDROUS WORKS.
MEN SHALL SPEAK OF THE MIGHT OF YOUR AWESOME ACTS, AND I WILL DECLARE YOUR GREATNESS.
THEY SHALL UTTER THE MEMORY OF YOUR GREAT GOODNESS, AND SHALL SING OF YOUR RIGHTEOUSNESS.



turkey kale soup



8-10 servings



25 minutes

INGREDIENTS

3 lbs ground turkey

1 tsp coconut oil

1 large white onion, finely chopped

8 cloves fresh garlic, minced

6 cups chopped kale

(pre-washed chopped)

5 medium Yukon potatoes, diced

2, 14 oz cans coconut cream

6 cups chicken broth

(Better Than Bouillon)

1 tbsp dried oregano

1 tbsp crushed red pepper flakes

(adjust to taste)

Salt and pepper to taste

DIRECTIONS

In a large pot or Dutch oven, begin to cook the Turkey in the coconut oil over low heat. While the Turkey is cooking, dice the potatoes into bite-sized pieces and set aside.

Finely chop the onion and mince the garlic cloves. Add the onion, garlic, salt and pepper to the turkey. Continue to sauté over medium heat until the onion is translucent and fragrant.

Add the diced potatoes to the pot. Pour in the chicken broth and one can of coconut cream.

Turn the heat up and bring the mixture to a simmer and let it cook for about 10-15 minutes, or until the potatoes are tender.

Stir in the chopped kale, oregano and red pepper flakes. Continue to simmer the soup until the kale is wilted and tender, about 5-7 minutes.

Reduce the heat to low and stir in the second can of coconut cream. Heat through for a few minutes. Taste and adjust the seasoning with additional salt, pepper, or red pepper flakes as needed. Enjoy!

NOTES

I use Better than Bouillon in my soups and sauces because I can control the flavors. It can be overly salty, so follow directions first and then add more until you have the flavor you're looking for.

